Autism Parent/Carer Information Sessions

Next month ASL Service and Psychological Services together with NHS partners are coordinating a series of **Autism Parent/Carer Information Sessions** for parents/ carers of current **P1-3** pupils, **attending City of Edinburgh mainstream schools.**

The sessions are appropriate for parents, grandparents or carers only. Young people themselves should not attend. The sessions will take place on Microsoft Teams and recordings will be available where possible.

Interested parents should book a place through **Eventbrite (see flier for QR code)** or by calling the phone number on the flier attached.

Please note that we welcome parents of children without a formal diagnosis but ask that the flier is not shared with families unless a professional has already discussed the possibility of an autism diagnosis with them.

Session 1 Introduction to autism at the P1-3 stage	**Tuesday 12:30-2pm**	07-03-23	ASL Services
Session 2 Supporting sensory differences and skills for independence	**Tuesday 12:30-2pm**	14-03-23	OT
Session 3 Supporting communication	**Tuesday 12:30-2pm**	21-03-23	SLT
Session 4 Understanding anxiety and positive behaviour support	**Tuesday 12:30-2pm**	28-03-23	CAMHS
		Easter Holiday	
Session 5 Play and leisure, and Where next?/ other sources of support	**Tuesday 12:30-2pm**	18.04.23	SLT ASLS
Session 6 Optional Q&A session	**Tuesday 12:30-2pm**	25.04.23	SLT/ ASLS/ CAMHS/OT