Ratho Primary School

1 School Wynd, Ratho, EH28 8TT

Tel: 0131 333 1293 **E-mail: admin@ratho.edin.sch.uk**

Website: https://rathoprimary.org.uk **Twitter @ratho_primary**

Head Teacher: Peter Gibb

30th November 2021

Dear School Community,

As you are well aware, at Ratho Primary School we have to adhere to Covid-19 safety guidance. We require all families to also adhere to this guidance to help keep everyone in our school community safe.

We appreciate that having children off school for isolation or testing can be challenging for many families and/or individual circumstances, however your cooperation is essential in helping us adhere to the guidance.

Children have access to MS Teams for their homework and there is a huge selection of learning links available via our website. Click: Parent Zone > Home Learning or the direct link is here: http://rathoprimary.org.uk/my-account/home-learning/

The full NHS Guidance on testing and self-isolation is here: https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19/test-and-protect/coronavirus-covid-19-guidance-for-households-with-possible-coronavirus-infection Main details are:

NHS COVID-19 - Guidance for households with possible coronavirus infection

It's very important that you stay at home (self-isolate) if:

- You have **any one of the symptoms** that may be caused by coronavirus (COVID-19)
- You've had a positive test result
- **Someone you live with has symptoms but has not yet been tested** or received their test result

Any one of the following are symptoms of coronavirus:

- A high temperature or fever
- A loss of, or change in sense of smell or taste
- A new continuous cough. A new, continuous cough means coughing for longer than an hour, or three or more coughing episodes in 24 hours.

Household isolation will help to control the spread of the virus to friends, the wider community and the most vulnerable.

If a person has symptoms, they must get a PCR test, not just take an LFT test at home. (LFT tests are for non-symptomatic testing). You can book a PCR test by calling 119 or visiting https://www.gov.uk/get-coronavirus-test

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If you're not fully vaccinated

If you're a close contact under 18 years and 4 months or you cannot be vaccinated for medical reasons, you can only end self-isolation if you receive a negative PCR test result and you do not have, or develop, symptoms.

If you are over 18 years and 4 months old and are not fully vaccinated, you must complete 10 days of self-isolation from your last date of contact with a positive case, even if you do not have symptoms and you receive a negative test result.

Children under 5 years old who are close contacts do not need to self-isolate and are encouraged to book a test. If they develop symptoms, they should self-isolate and book a test.

If you're a close contact and you've tested positive for coronavirus in the last 90 days but you're not fully vaccinated and aged over 18 years and 4 months, you should self-isolate for 10 days. You do not have to book a test unless you develop new symptoms.

What NHS mean by household isolation

Household isolation means you and all household members or extended household members should remain at home and shouldn't go to work, school, public areas or use public transport. You shouldn't go out to buy food or other essentials.

As above, this is the guidance of the NHS and we are following the instruction of the City of Edinburgh Council and Lothian Health in requesting all families adhere to this guidance.

Your cooperation in helping keep our school community safe is appreciated.

Yours sincerely,

Peter Gibb
Head Teacher

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CHILDREN AND FAMILIES

RIGHTS RESPECTING SCHOOL UNICEF